

Life Skills Local Certificate Recommended Pathway

Career Pathway: Arts, Language, and Humanities

Program Description: The Life Skills Certificate is intended primarily for students with intellectual disabilities. The goal for this program is to increase the independence, self-determination, and quality of life for students with intellectual disabilities. The Life Skills Certificate offers general background in transition to college, life skills and personal growth, basic computer skills, adaptive English and math, study skills, financial literacy, time management skills, etc.

Course ID	Course Title	Units	To-Do List
	Semester 1		
GS-100*	Transition to College for Students With Disabilities	0.5	Meet with your Advisor to confirm path & develop your 1st year Abbreviated Educational Plan. Apply for financial aid and follow-up with financial aid department. Begin research on four-year schools. Find out minimum transfer GPA, course & major requirements. Begin research on careers through: O*NET or JobSpeaker
GS-061*	Guidance Studies Content Area Support	1	
GS-102*	Guidance Studies Math	1	Meet with your Counselor to discuss your progress & complete your Comprehensive Educational Plan. Meet with your Faculty Mentor to discuss program pathway, career options, & finalize class options.
GS-103*	Guidance Studies Reading and Writing	1	
GS-105*	Consumer Skills	1	
	Total Semester 1 Units	4.5	
	Semester 2		
5S-104*	Adapted Computer Literacy	1	Prepare documentation for college application & apply to four-year school of choice by the deadline. Begin seeking four-year funding outlets such as scholarships & aid. Renew financial aid. Petition to Graduate to receive your degree & commencement ceremony information.
GS-106*	Independent Living Skills	1	
	Total Semester 2 Units	2	
	Semester 3		
	Total Semester 3 Units	0	
	Semester 4		
	Total Semester 4 Units	0	
	Total Program Units	6.5	
A grade of "C" or higher required for ENG, MA	TH, COM and all major courses.		
*If placement requires concurrent enrollment	in support course.		